

INTENDED FOR U9, U10, U11 & U12 PLAYERS



P O R T L A N D T I M B E R S

# DISCOVERY PROGRAM JUNIORS



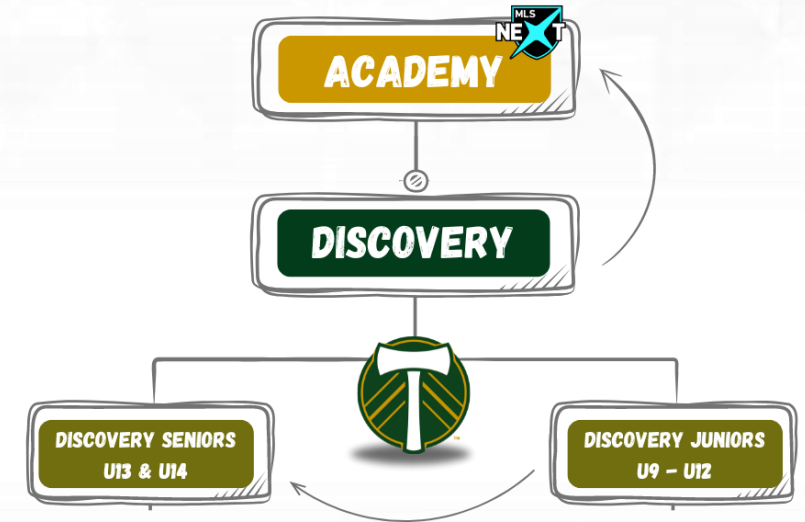


## DISCOVERY PROGRAM OVERVIEW

The Portland Timbers intend to lead the way with MLS Next soccer training in the region, providing an MLS youth training environment for local competitive players.

The Portland Timbers Discovery has 2 training and player identification programs:

- **Discovery Juniors.**  
Intended for players at the U9, 10, U11 & U12 age-groups.
- **Discovery Seniors.**  
Intended for competitive players at the U13 & U14 age-groups.



The Discovery Program is a development focused supplemental training program that serves as an introduction for players to the Portland Timbers Player Pathway and strives to give every young player the best holistic training experience.

Both the Junior & Senior Discovery Programs are used for the Timbers Academy staff (U15, U16 & U18) to discover future professional players, but more importantly, for players to discover and develop their talent through game exploration, high level training, proven educational methods and top-level coaching.





## ABOUT

The Discovery Juniors Program is a development focused supplemental training program that serves as an introduction for players to the Portland Timbers Player Pathway and strives to give every young player the best holistic training experience.

## WHO IS IT FOR

Local soccer players in the U9, U10, U11 & U12 age groups. Ideally players should already be playing Club soccer and who aspire to continue to grow and develop within the game. Discovery Juniors is not a rec-based program.

## GOALS

- Player Development: Explore player potential
- Competitive learning environment
- Identify players for the Discovery Seniors program (U13 & U14)





## DISCOVERY JUNIORS ENVIROMENT

The Discovery Juniors environment, is heavily focused on promoting the development of individual player technique. Players will gain insights into the Portland Timbers methodology with training sessions provided by and created by Portland Timbers Academy coaching staff.

Training session will focus on individual player technique and the players relationship with the ball. Players can also expect to gain insight into Game Model situations and learn some of our principles of play. The coaching staff aim to enhance the players' capabilities and knowledge across our 4 corner youth development pillars.

These 4 corner pillars are also used for player evaluation purposes that are given to players once per year.

### TECHNICAL

Passing

Dribbling

Shooting

Ball Control

### TACTICAL

Speed of Play

Decision Making

1v1 Defending

1v1 Attacking

### PSYCHOLOGICAL

Coachability

Confidence

Concentration / Focus

Teamwork

### PHYSICAL

Speed

Fitness

Strength

Reactions





## PROGRAM DETAILS

Discovery Juniors has player placement opportunities at the U9, U10, U11 & U12 age-groups across 4 training centers:

**North:** North Portland & Vancouver

**East:** Gresham & Clackamas

**South:** Lake Oswego & Tigard

**West:** Beaverton & Hillsboro

*During tryouts, each Discovery Director will select up to a maximum of 20 players total per age-group.*

- Tryouts: August
- Age Groups: Players Born: 2014, 2015, 2016, 2017 (U9-U12)
- Training Block 1: Fall - 6 training sessions and 1 ID event. Late August-November (Sunday nights)
- Training Block 2: Spring - 6 training sessions and 1 ID event. January-March (Sunday nights)
- Each training center will also train at the Timbers Training Facility 4 times.
  
- Tryouts Fee: \$30 per player for 2 tryout sessions
- Training Fee: \$395 per player for 12 training sessions, and 2 ID Events
- Training Kit: \$130 purchased at Tursis soccer store.

*Scholarships: Financial aid, and payment plans are available. Contact [mjamieson@timbers.com](mailto:mjamieson@timbers.com) for more information*





## U12 DISCOVERY JUNIORS TEAM POOL

During the Discovery Junior training cycle (Fall Block), staff will identify and select a pool of 20-25 players at the U12 age-group. The players will be identified and selected from all 4 of Discovery Junior training centers. These selected players will be invited to come together for an additional 10 training sessions at the Timbers Training Facility to form our U12 Discovery Team Pool. The selected players can expect a highly competitive environment consisting of the best U12 players from the 4 Discovery training centers.

All participating players will also receive an invite to the Discovery Seniors Program ID Fest which occurs at the Timbers Training Facility on a yearly basis.

A selected number of players from the U12 Discovery Team pool will be selected to attend and represent the Portland Timbers Discovery at an out of state tournament event (Event is currently TBD)

**Trainings:** Friday evenings. 10 trainings total

**Location:** Timbers Training Facility

**Cost:** Free

**Training Uniform:** Free





## FREQUENTLY ASKED QUESTIONS

### **Does Discovery Junior or Discovery Senior Programs replace a players club team?**

No! Both programs are in place to provide identification and training opportunities, different from the club team structure, for players who would like to compete in the Timbers Academy someday. Players are encouraged to make club a priority.

### **Why Regionalize the Discovery Juniors?**

Creating the different training centers across the Portland area provides accessible competitive local trainings within the players. It creates excitement to play for and within your local training center. It limits traveling for parents and players. The Discovery Juniors program create an elite opportunity for the best of the best to play with and against each other within player local communities. It also creates development by playing with and against the best on a consistent basis.

### **What are the benefits of participating in the Discovery Juniors?**

The Discovery Junior program is used as an early player identification tool for future Timbers U13/U14 Discovery Senior Players. The training curriculum is designed by the Timbers Academy staff and players are evaluated and identified by the Timbers Academy staff for future Discovery Program opportunities. The Discovery Junior program also allows the top players to compete for a spot in the U12 Discovery Junior Team Pool where players will have the opportunity to train and play with and against the top players in their age groups.

### **Can players outside of Portland tryout for the Discovery Juniors?**

Yes! Our training centers will reside in Portland, but players from anywhere around the state can try-out for the Discovery Juniors program. While we will no longer have training centers outside of the Portland metro area, we still encourage players from these areas to attend tryouts, or training when possible.

### **Where can I find more information on the Discovery Juniors?**

All information and tryout registration can be found at [www.timbers.com](http://www.timbers.com). Or contact our Youth Programs Director Michael Jamieson via email: [mjamieson@timbers.com](mailto:mjamieson@timbers.com)





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