



PERFORMANCE COACH / STRENGTH & CONDITIONING COACH

San Diego FC ([San Diego FC](#)) is the newest member of the MLS family. As part of the unique [Right to Dream](#) model and the [Sycuan](#) Tribe's deep roots, we are proud to be building a San Diego-centric soccer organization that honors our history and celebrates emerging excellence.

SUMMARY:

Reporting to the Head of Medical and CMO, the Assistant Athletic Trainer provides on-site coverage and injury care to athletes. As a part of the health care team, the athletic trainer provides injury and illness prevention, wellness promotion and education, emergent care, recognition, examination, and clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions.

Key Responsibilities:

- Establish an effective athletic training program tailored to San Diego FC athletes.
- Provide first aid, injury assessment, treatment, rehabilitation, and reconditioning for San Diego FC players.
- Ensure comprehensive coverage at home games and practices throughout the season, including preseason.
- Help coordinate the annual required athletic physicals with the medical team.
- Maintain a line of communication with team physicians regarding athlete health care and recommended treatment/rehabilitation for all injuries.
- Assist coaching staff in evaluating and implementing sport-specific conditioning programs and methods to enhance player performance and prevent injuries.
- Communicate with players and stakeholders about the care and treatment of injuries, providing guidance and support.
- File all necessary reports associated with athletic injuries and/or incidents, maintaining accurate and up-to-date records.
- Maintain a daily treatment log to track the progress of rehabilitative treatments and monitor player health.
- Equip each team with appropriate medical equipment and supplies for both training and competition.
- Create a safe playing environment by monitoring and controlling environmental risks, such as field conditions and weather-related concerns.

QUALIFICATIONS:

Candidates can meet the requirements with a combination of experience in the following areas:

- Master's degree in athletic training.
- Certification by the National Athletic Trainers Association.
- CPR certification.
- HIPAA compliant Course and Health Information.
- CPR Certification
- 3+ years' experience in elite soccer
- Extensive experience in soccer player rehabilitation and manual treatment.
- Experience with different travel schedules (time zones) and climate conditions (heat, cold, altitude)
- Excellent verbal and written communication skills
- Knowledge and experience utilizing and integrating medical technologies
- Experience of medical data management systems to ensure the secure and efficient collection, storage and front-end utilization.
- Strong medical knowledge and its application to soccer
- Strong organizational and time management skills
- Bi-lingual (Spanish/English) or multi-lingual skills is a plus.

ABOUT SAN DIEGO FC:

*Our **VISION** is to be the epicenter of football excellence and innovation in North America
Our **MISSION** is to create opportunities for talent to flourish and San Diego to shine*

We value community, diversity, and acting with purpose. We are looking for leaders at all levels to co-create the culture of a new organization that is built on the premise that you can discover, understand, and re-define excellence by nurturing talent and creating opportunity anywhere – specifically though soccer.

Globally, Right to Dream partners with talented young people to give them a nurturing environment to flourish and thrive. We do this through a holistic model of athletic development, where young people grow as human beings and great footballers. RTD's promise is set out in their [Manifesto](#): a set of 8 commitments which will be central to the San Diego FC ethos from the front office to the field, when games start at Snapdragon Stadium in 2025.

This is an opportunity to be a part of a great team building something meaningful for San Diego. We offer excellent benefits including health coverages with generous company contributions, over 30 days of paid time off, and a 4% company match on your 401(k). Soccer is humanity and together, we can make a meaningful impact both on and off the field, fostering a culture that embraces excellence and equal opportunities. SDFC is an Equal Opportunity Employer.

We encourage all individuals who share our commitment to community and soccer to apply. Soccer is humanity and together, we can make a meaningful impact both on and off the field, fostering a culture that embraces excellence and equal opportunities. SDFC is an Equal Opportunity Employer.

Apply at JointheTeam@SanDiegoFC.com – reference Performance Coach