POST GAME QUOTES Saturday, March 23, 2023 LAFC VS. Nashville SC



RYAN HOLLINGSHEAD LAFC DEFENDER

Re: On the team's performance today and how it came to be.

"Great step for us. This whole week of training was really good. The guys playing well with just good ideas with our shape and our tactics going forward. It just looked like we knew what we wanted to do with the ball, which, the first couple of games it looked like we're just thinking something is going to come out of thin air. Expecting one or two players to make something happen, instead of the group doing the 'making it happen.' So a huge step for us. We just believe in our squad so much. We've got the talent to beat anybody and we've just got to start getting back to our DNA as LAFC. Obviously, starting ten days later than every team this year didn't help with getting that. The last thing to come with preseason and fitness and all of that stuff is just that product in the final third. It's that last pass. It's that last decision. So, struggling to score goals early in the season is understandable a little bit, when you think about that. But when you think about who LAFC is and what we want to be, tonight is a good showing of what we're all about. It's given our fans a lot to cheer about and creating a plethora of chances."

Re: On Sergi Palencia's performance and their chemistry on the field.

"I could speak about Sergi [Palencia] all day long. This guy is just world class, in who he is as a person and who he is in the locker room. Like you said, he hasn't been getting the nod as much as he would like to, and this guy shows up every day at training and just grinds. [He] brings the quality up in training, brings the quality up in the locker room. He just brings so much joy with him. He also just had his first baby, which is so fun to watch him as a dad. You see, this guy is exhausted. He hasn't slept. If you have kids, you know that first baby just kills you. You go from 'I sleep whenever I want,' to 'I don't sleep on any schedule I've ever been on.' And he still comes in, smile on his face, ready to work hard. Still putting in the highest numbers in terms of meters run, heart rate, all of this stuff after sleeping three hours in a night. It's just a great picture of who Sergi is. I'm so glad he got this moment to play and do as well as he did. He does this always though. When he subs in, you'd have no idea that he hasn't been playing 90 minutes for the last four or five games. So, he's so big for us and I think we're going to see a lot more of him this year. I think a performance like this shows why he needs to be on the field."