



PORTLAND THORNS FC

Portland Thorns 2022-23 ODP Tryout Info and Schedule

What: Oregon ODP Tryouts

Who: Boys and Girls Players, Born 2006-2009

When: August 13 & 14, 2022 **Time:** See Schedule Below

Where: Delta Park - 10737 N Union Ct, Portland, OR 97217

Cost: \$60 Tryout Fee



How do I register?

Simply type in **registration.timbers.com** and then select the ODP Tryout option to register for tryouts. A confirmation email will be sent to you once you are registered.

ODP Tryout Schedule

2006 Girls

August 13: 11:30-1:30 pm

Delta Park Fields: 5 & 6

August 14: 8:30-10 am and 3:30-5 pm

Delta Park Fields: 5 & 6

***Check-In will begin at 10:45 am, August 13th.**

2007 Girls

August 13: 11:30-1:30 pm

Delta Park Fields: 7 & 8

August 14: 8:30-10 am and 3:30-5 pm

Delta Park Fields: 7 & 8

***Check-In will begin at 10:45 am, August 13th.**

2008 Girls

August 13: 1:30-3:30 pm

Delta Park Fields: 5 & 6

August 14: 10-11:30 am and 5-6:30 pm

Delta Park Fields: 5 & 6

***Check-In will begin at 12:45 pm, August 13th.**

2009 Girls

August 13: 1:30-3:30 pm

Delta Park Fields: 7 & 8

August 14: 10-11:30 am and 5-6:30 pm

Delta Park Fields: 7 & 8

***Check-In will begin at 12:45 pm, August 13th.**

What is the Timbers/Thorns ODP Program?

A detailed guide to the ODP program with information, team schedules, events, cost and coaches is included below. If you have any additional questions about the ODP program, please feel free to email Erik Lyslo at elyslo@timbers.com.



Portland Thorns Olympic Development Program (ODP) Guide

What is Portland Thorns Olympic Development Program (ODP)?

The Portland Thorns Olympic Development Program, in conjunction with Oregon Youth Soccer Association, is a program designed to identify the top youth players in the state of Oregon and Southwest Washington. The mission of the ODP program is to provide players with an opportunity to climb the elite soccer ladder by competing for ODP regional and national pool status along with college identification. In ODP programs throughout the country, youth players are chosen to represent their state association, region and ultimately, the United States in soccer competition. ODP teams are formed at the state association and regional levels, made up a number of the best players in various age groups. At the state level, pools of players are identified in each eligible age group and then brought together as a team to develop their skill through training and competition.



Through a collaborative effort between the Portland Thorns and Oregon Youth Soccer Association, Oregon is a nationally recognized ODP program with a cutting-edge youth development system. Through Oregon ODP, players are given the opportunity to climb an integrated pathway to a higher-level of soccer by being identified by Regional, National and Collegiate coaches. ODP does not replace a player's club experience. Players are highly encouraged to participate with a club program. But ODP does allow the elite player to train with and against other elite players from around the state with some of the top coaches with a schedule that avoids club conflicts during the busy club soccer times.

The principal Portland Thorns/OYSA ODP mission is to identify, evaluate, and provide more training opportunities for the elite youth soccer players in Oregon. As part of the effort, the Portland Thorns ODP program is dedicated to helping develop the highest level of youth soccer in the state. This objective will be achieved in an atmosphere of integrity, fairness, and impartiality. The player's talent with a ball, their physical and cognitive skills, together with their attitude will be the criteria for entry into the program. In developing this collaborative program, both entities will ensure the procedures will not conflict with any current United States Youth Soccer (USYS), United States Soccer Federation policies or any NCAA eligibility rules for college entry.

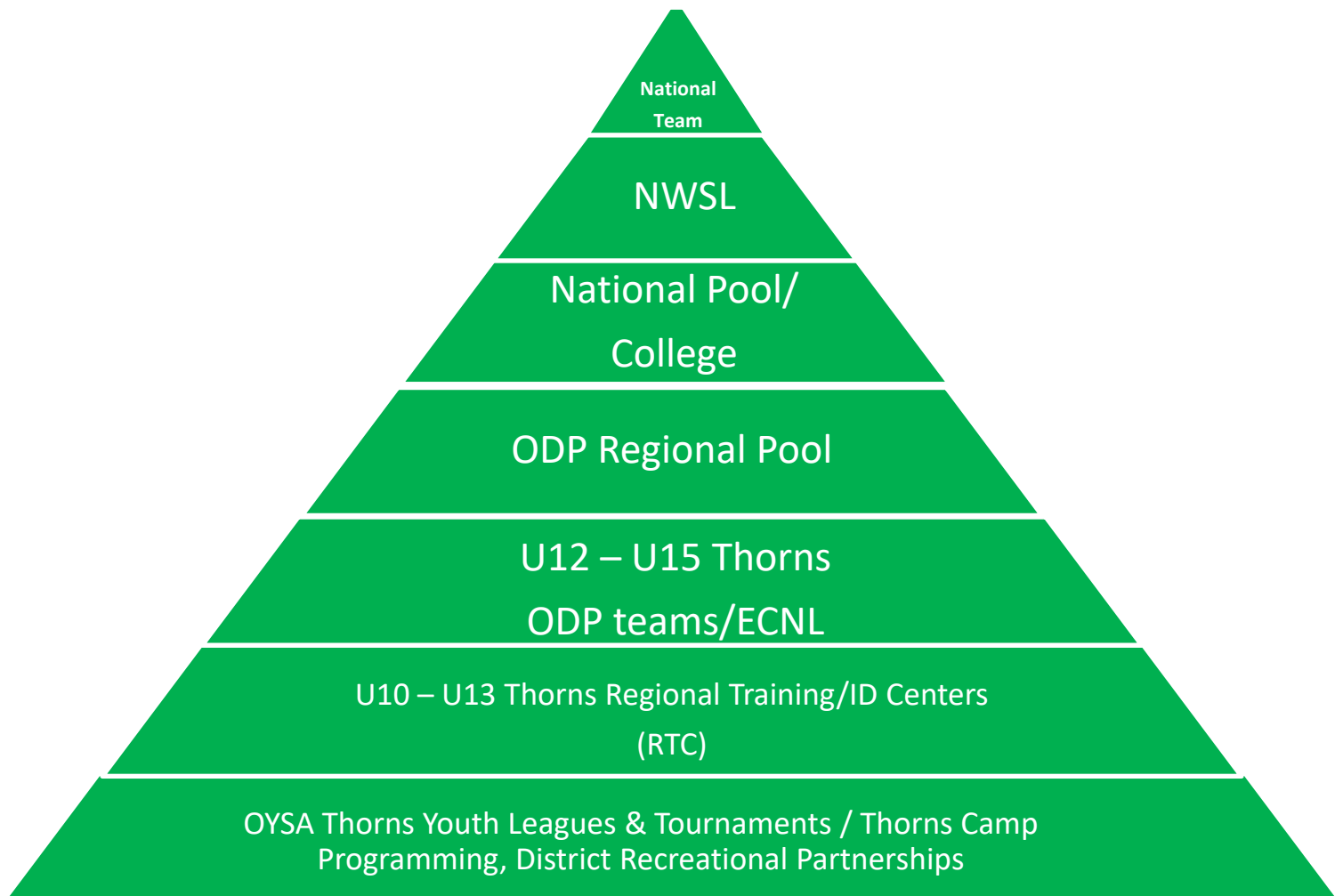


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Why should I participate in Thorns ODP?

As talked about on the first page, there is a vertically integrated system in place for players to get to the level they want as a player. As shown below, the pyramid gives players the model for what they need to do and how they get there. The Thorns ODP program gives players the chance to continue to be identified by ODP regional and national staff while also creating a more competitive environment for players to compete and showcase their talent both here in Oregon and against states from all over the Western United States. Thorns ODP has assisted with hundreds of players who are now collegiately or in professional soccer, including the Thorns Bella Bixby who was a former Oregon ODP player.

Again, as shown below in our development pyramid below, you will see the suggested pathway for players in the Thorns program to get to the level they achieve. By challenging players in a competitive setting, we are giving players the chance to develop and improve, while creating an environment that challenges them to become better players and move up the pyramid. The ultimate goal as a youth player should be to play with the national team. But being realistic, there are many goals a player can achieve with ODP, Regional Pool and collegiate soccer.





How each ODP Age Group is structured in 2022-23 Season

2006 Girls

- Tryouts: August 13-14
- ODP Training in late November and early December
- ODP Regional Championships: January – Phoenix, Arizona
- ODP Training or ODP Tournament in March
- ODP Training in May
- Timbers Friendship Cup: Memorial Day Weekend, Portland, Oregon
- Possible ODP Tournament in June if we don't attend in March
- ODP Regional Camp: Mid-July (Invite only)

2007 Girls

- Tryouts: August 13-14
- ODP Training in late November and early December
- ODP Regional Championships: January – Phoenix, Arizona
- ODP Training or ODP Tournament in March
- ODP Training in May
- Timbers Friendship Cup: Memorial Day Weekend, Portland, Oregon
- Possible ODP Tournament in June if we don't attend in March
- ODP Regional Camp: Mid-July (Invite only)

2008 Girls

- Tryouts: August 13-14
- ODP Training in late November and early December
- ODP Regional Championships in early January – Phoenix, Arizona
- Costa Rica Trip:** 8-day trip in March (18 players selected from 2008 & 2009's) **See Flyer!**
- ODP Training in May
- Timbers Friendship Cup: Memorial Day Weekend, Portland, Oregon
- ODP Regional Camp: Mid-July (Invite only)

2009 Girls

- Tryouts: August 13-14
- ODP Training in late November and early December
- ODP Regional Championships: January – Phoenix, Arizona
- Costa Rica Trip:** 8-day trip in March (18 players selected from 2008 & 2009's) **See Flyer!**
- ODP Training in May
- Timbers Friendship Cup: Memorial Day Weekend, Portland, Oregon
- Possible ODP Tournament in June if we don't attend in March
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ODP Events We Are Looking To Participate In

***ODP Regional Championships:** One of the premier tournaments in the country, we send all of our ODP teams to Phoenix in January where they compete against the best ODP players from the other 14 Western States in a championship format. The event is full of regional and national team scouts along with college coaches.

***Costa Rica Soccer Event:** Adding this to the ODP cycle for the 2008/09 age group next year, this event is truly a soccer experience for players. We are setting up a 7-night, 8-day stay in Costa Rica over Oregon spring break for our 2008/09 boys and girl's groups. Players will get top competition against some of the best Costa Rican teams, team building with trips around Costa Rica, incredible accommodations, and an overall lifetime experience. **See Flyer below!**

***Washington Spring Break Friendlies:** We are told this event may come back in 2023, but the Washington Spring Break Friendlies take place in Seattle on the last weekend of Oregon spring break and the first weekend of Washington spring break, between Oregon ODP, Washington ODP, Eastern Washington ODP and possibly some Canadian teams.

***Timbers Friendship Cup:** For 39 years now, the Friendship Cup is and remains one of the top ODP tournaments in the country. More than 100 teams participate each year and we host the event in our own backyard here in Portland. Regional staff is brought in to evaluate players and last year more than 40 college coaches were in attendance to scout players in our program.

***South Region ODP Showcase:** This is an event we've attended in the past, but the South Region event takes place in early June in Texas where ODP teams from North Texas, South Texas, North Carolina, Florida and Georgia would all be involved.

***ODP Regional Camp:** ODP regional camp is the ultimate goal for a player. This is an invite only event, where players must be identified by ODP regional staff at either ODP regional championships or the Timbers Friendship Cup. Camp took place in Salt Lake City, Utah in 2022 and the location for 2023 is still TBA.

Thorns ODP Coaching

Any coach who becomes part of the Thorns ODP program has been hand-picked by the Thorns Youth Program. Our goal is to hire the most qualified coaches around the state to work with Thorns ODP players. Head coaches are recommended to have a USSF A or B license or professional experience and assistant coaches need to have at least a USSF C license or professional experience. To ensure exposure to the collegiate level, we look to bring in at least one collegiate coach per team when possible and one former professional player.

Will there be a conflict with my Club Team or High School Team?

Very rarely do club and ODP schedules conflict, but if they do, we work with our players to make sure they are not pressured to make tough decisions. Through a collaborative effort, Thorns ODP and Clubs work hand in hand to eliminate most conflicts in the soccer schedule as well. The Thorns also allow players to be excused from ODP training if they are participating in a showcase tournament or ECNL events. In the end, we do everything we can to make the players choices easy and we remind everyone ODP does not replace club soccer for players.

COSTA RICA SOCCER



8-DAY

TOUR PROPOSAL



CONTENT

1. ITINERARY
2. HIGHLIGHTS
3. PRICING & PAYMENT



ITINERARY

DAY 1—Arrive Costa Rica

Arrive San Jose, Costa Rica, airport
pick up by private bus
Check-in at the hotel for 4 nights
Train or rest at the hotel
Professional game (schedule dependent)

DAY 2 --City

Training session with professional Costa Rican coach
Team trainings

DAY 3 – City

Team training (optional)
Tour of San Jose Historic District & souvenir shopping at local market & Visit National Stadium (if open to public)
Friendly game #1

DAY 4 –City

Team trainings or Community Service
Friendly game #2

DAY 5 --Rainforest

Team training (optional)
Transfer to rainforest
Check-in hotel for 2 nights
Volcanic hot springs

DAY 6 -- Rainforest

Team training OR Waterfall adventure and visit rainforest downtown
Friendly game #3

DAY 7 -- City

Canopy Zip line tour
Transfer to city
Check-in hotel for 1 night

DAY 8 --Depart Costa Rica

Depart Costa Rica

***Schedule is subject to change**



HIGHLIGHTS

- **TOP COMPETITION**

Your team will play competitive matches against some of the best Costa Rican teams at your level.

- **TEAM BUILDING**

Enjoy exciting trips with your team- see a volcano, waterfalls, hot springs. Experience the thrill of the canopy zip-line!

- **ACCOMMODATIONS & MEALS**

The teams will be staying in 4-star hotels, with private bathrooms, air-conditioning and more. Buffet breakfast, lunch and dinner are included.

- **COMMUNITY SERVICE**

Volunteer, play, and have fun with kids from underprivileged neighborhoods. We will coordinate the activities so that together we can give back to the community. *(subject to covid restrictions)*

ADVENTURES



La Fortuna Waterfall
INCLUDED IN COST



Canopy zipline tour
INCLUDED IN COST



Volcanic Hot Springs
INCLUDED IN COST



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Cost of the Program

Below is a rough cost breakdown of what ODP will cost in 2022-23 season if players make a pool. Please know that players will not travel to every event below. Please also know we do everything in our power to help players get through the season. We offer scholarship money, we offer payment plans, working opportunities at Timber camps and we do what we can to help players with financial difficulty get through and not be left behind.

ODP Tryouts: \$60 (All)

ODP State Fee/Uniform Fee (If you make the Pool): \$420

ODP Regional Championships: \$750-\$800 (18 players selected for each age group)

Washington ODP Friendlies: \$225 (For age groups who attend)

Costa Rica: TBA

ODP Timbers Friendship Cup: \$30 (All)

South Region ODP Showcase: \$525 (For age groups who attend)

ODP Regional Camp: \$500 is rough estimate

ODP Tryout Conflicts in August

ODP Tryouts will take place **August 13th and 14th in Portland**. We realize there could be local and out-of-town events that weekend. Most ODP players will not play in these tournaments, but for those that do, you will be required to be available for at least one of the tryout sessions in Portland. Our dates have been set for the last 20 years when it comes to ODP tryouts as we need to hold tryouts before the high school season begins in August. Families are welcome to email elyslo@timbers.com if you have other conflicts with tryouts you can't avoid.

What does each age group focus on?

Each age group will have a focus as shown below. Our staff coaches will focus on the below as much as they can to prepare players for what to expect at regional camp and beyond.

2006 and 2007 Age Group: Focus on functional play and team tactics.

High priority: Team possession; Roles of players within the team, offense v. defense (match-related), crossing and finishing (quality and timing), heading/attacking air balls, team defending and transition.

Lower priority: Individual skills should be addressed in warm-up.

Goalkeepers: Ball handling, breakaways, crosses, distribution, playing with feet, role as last defender.

2008 and 2009 Age Group: Focus on small group tactics and skills.

High priority: Team possession; quality of first touch, two and three person combination play; individual and small group defending (depth, balance, compactness, communication), transition.

Lower priority: Functional play, team play.

Goalkeepers: Handling, diving technique, decision-making with regard to diving, recovery, distribution. Field skills.



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2022-23 ODP Schedule

<u>Date</u>	<u>Event</u>	<u>Location</u>
August	ODP Tryouts (August 13-14)	Portland
December 3-4	ODP Training	Portland
December 10-11	ODP Training	Portland
December 17-18	ODP Training	Portland
December 28-30	ODP Training	Portland
January TBA, 2023	ODP Regional Championships (06-10)	Phoenix, AZ
March 24-April 1	Costa Rica (2009 & 2009 Age Groups)	Costa Rica
March 31-April 1	Washington ODP Friendlies	Seattle, WA
May 13-14	ODP State Pool Training (All)	Portland, Oregon
May 20-21	ODP State Pool Training (All)	Portland, Oregon
May 22 nd	Timbers/Thorns Friendship Cup Rosters Announced	
May 26-29	Timbers Friendship Cup	Beaverton, OR
June (TBA)	South Region ODP Showcase	TBA
July (TBA)	ODP Regional Camp	TBA

***Schedule is always subject to change**

Tryout Registration

The registration process for tryouts is simple – go to [Portland Timbers Online Registration \(secure-sam.com\)](https://secure-sam.com) and find the ODP Tryout section. All tryout registration can be done online. We hope to see you in August and don't hesitate to ask if you have any questions.

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